

ANXIOUS



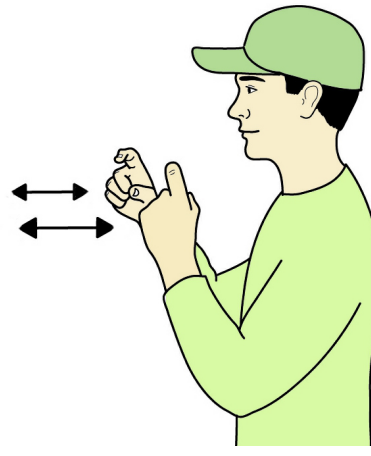
Working clawed hand (palm back, pointing in) makes inward circle against the chest. Use appropriate facial expression.

MEDICATION



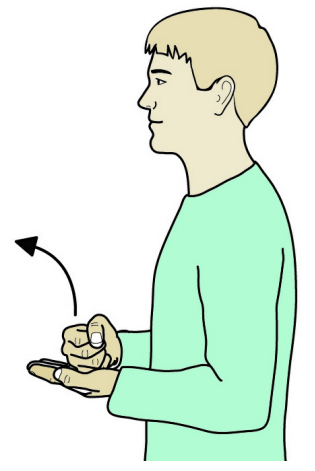
Supporting full "O" hand (palm down, pointing forward); working little finger hand (palm back, pointing in) circles forwards inside supporting hand while maintaining contact.

COMMUNICATION



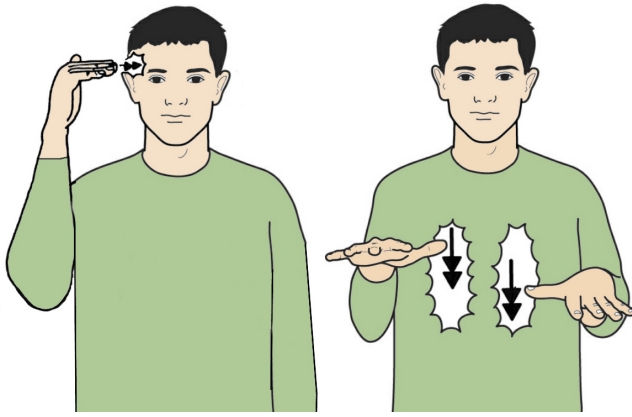
"C" hands (palms in, pointing up) move backwards and forwards alternately several times. May be sign ed at chest height or chin height as appropriate.

HELP



Blade of working fist rests on supporting palm; formation moves up/forwards.

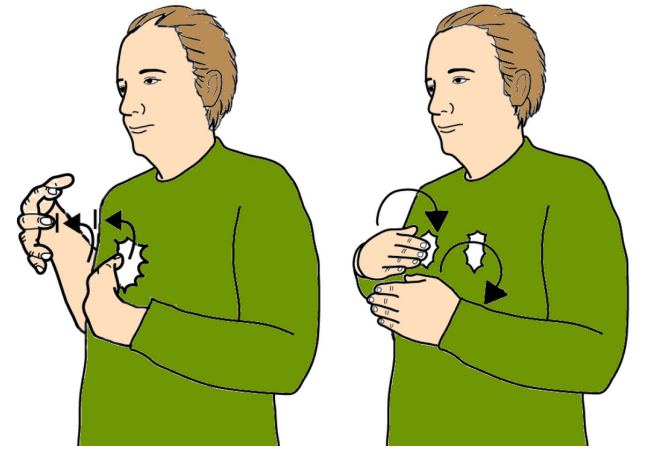
MENTAL HEALTH



Working bent hand (palm in, pointing up) fingertips tap side of forehead twice; then open hands (palms down, pointing forward); thumbs brush down chest alternately several times.



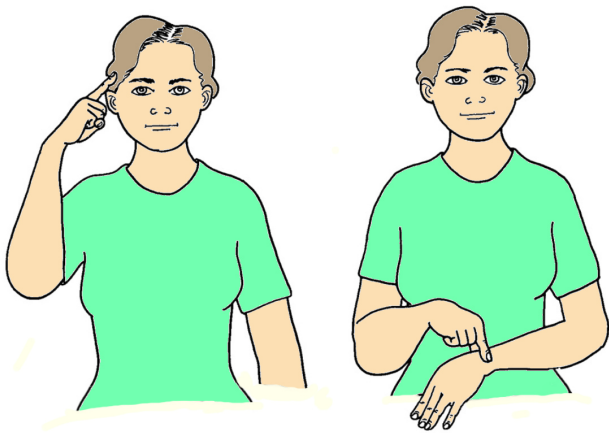
AGGRESSIVE BEHAVIOUR



Clawed hands (palms back, pointing in) against chest alternately brush up chest and move forwards several times; then flat hands (palms back, pointing in) circle back alternately so that hands brush down against chest.

MENTAL HEALTH

PSYCHIATRIST



Working index hand points to side of temple; then working open pinched hand holds supporting wrist.

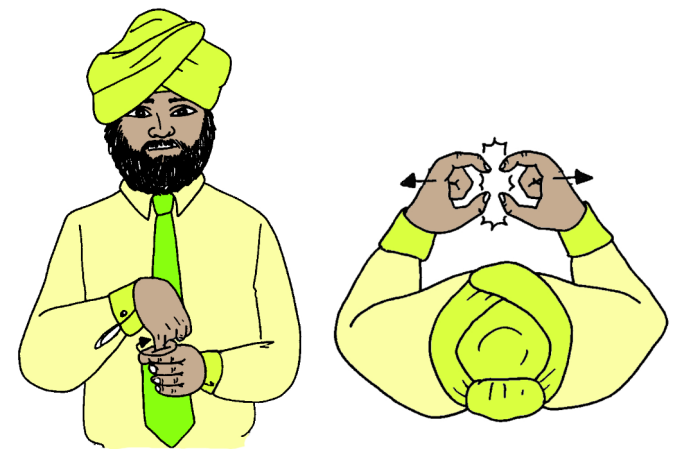


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PRESCRIPTION



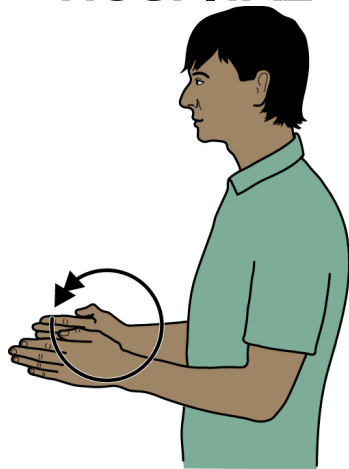
Supporting full "C" hand (palm in, pointing forward) in front of body; working little finger hand (palm back, pointing down) mimes stirring inside supporting "C"; then "C" hands (palms in, pointing forward) held together move slightly apart.

SAD



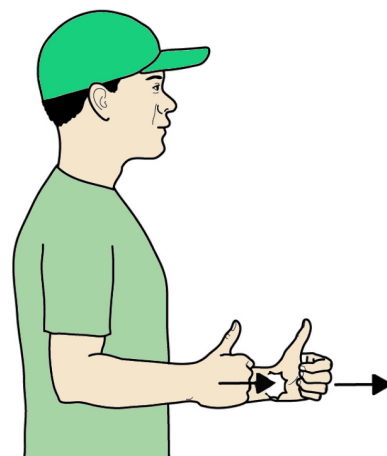
Index hands (palms back, pointing in/up) at sides of lips make a short downward movement.

HOSPITAL



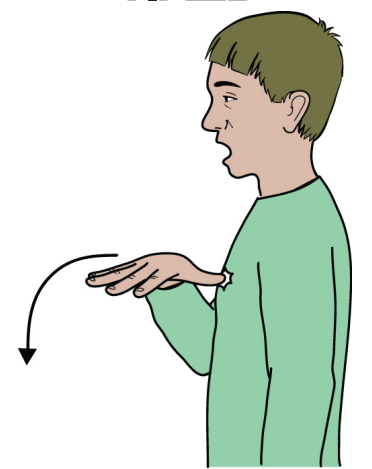
Flat hands in front of body (palms in, pointing forward) circle forwards twice.

ADVOCATE



Thumb hands (palms in, pointing forward) working hand behind; working hand moves forward to touch supporting hand. Formation makes sharp forwards movement.

TIRED



Working open hand (palm down, pointing forward/in) with thumb resting against upper chest, arcs over to palm up, pointing forward/in at waist height, shoulders slump.